



**OFFICE OF THE BOARD OF HEALTH**

**Town of Arlington**

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**Board of Health Meeting Minutes  
Tuesday, February 8, 2005  
First Floor Conference Room  
Senior Center  
12:30pm**

*Board Members in Attendance: Dr. Carole Allen (Chair), Mr. Gregory Leonardos and Dr. Michael Fitzpatrick*

*Staff in Attendance: Christine Connolly, Director of Public Health, Denise Boucher, Health Inspector, MaryAnn Jacobs, Department Secretary*

Also present at the meeting were three students from Regis College who are required to attend local and state health board meetings as part of their Health Policy curriculum. The order of the Agenda was altered and Items VII thru X were discussed first.

I Minutes of December 14, 2004 were accepted as written.

**VII UPDATE: MAHB TOBACCO GRANT**

Denise Boucher explained there had been two opportunities for grants, one from the Massachusetts Association of Health Boards (MAHB) and one from Massachusetts Health Officers Association (MHOA). The Board of Health applied for the grant from MAHB, which was simple and direct. A form was filled out, passed in and the department will be reimbursed \$40 per store for Tobacco Sales Compliance Checks. The MHOA grant was much more involved; there was a requirement to join other towns to form a collaborative of 100 stores with monthly meetings and longer reports. Considering that Arlington has been doing Tobacco Control for years, the MAHB Grant was the best and easiest for the department

**VIII. UPDATE: LOCAL EMERGENCY PREPAREDNESS GRANT**

The second year of federal funding for emergency preparedness, came from the Department of Public Health. Each community in Massachusetts received funding to assist departments with planning as required by Homeland Security. The Arlington Board of Health received a grant of approximately \$10,000, the grant will be used for training and planning purposes.

**IX. UPDATE: FLU CLINICS 2004-2005**

The preliminary count for the total number of doses administered is 1400 doses, which includes regional clinics because this year the state required local health departments to do regional clinics. Arlington was grouped with Belmont, Watertown, Newton and Brookline. Connolly reported that the group did two regional clinics; one at the Waltham Urgent Care, a Newton/Wellesley Hospital, affiliate and one at the Arsenal Mall.

A five-minute break was taken at this time.

**II. PUBLIC HEARING: 60 Bow Street: Public Health Nuisance Law Violation**

A re-inspection was performed last Wednesday, February 2, 2005, Christine Connolly, Director, Joseph Carabello, Health Inspector, Wayne Springer, Fire Department and Rick Vallarelli from the Building Department. Mrs. Lingley removed much of the clutter and there were clear paths to all the windows and exits. The public health nuisance violations had been abated according to Connolly. Connolly's recommendation to the board was to continue the case with quarterly inspections for at least the next year. Mrs. Lingley pointed out that the boxes that were in the house did not contain debris, but clothing, dishes and many belongings. Christine Connolly explained that by using the word debris, it was not meant to mean rubbish, but just meant to mean "clutter". The Board of Health had received complaints in the past that there was garbage piled up, however, this was never the case. Mrs. Lingley stated that the Board of Health may come into the house at anytime. Elinor Menez, present at the hearing, is a resident of 67 Bow Street stated the property has been cleaned up considerably. Carole Allen thanked Mrs. Lingley for her efforts. It was recommended and passed that quarterly inspections are to be done for at least the next year.

**III. HEARING REQUEST: Mireille Sainlaire, owner 220 Broadway**

At the request of the tenant, Inspector Denise Boucher conducted an inspection of the property. A report of violations found, are included in the report received by the Board. There is no handrail in the front of the house and the handrail going down into the basement is not readily accessible and needs to be corrected. The tenant, who is legally blind, has fallen down the stairs on her way to the laundry room. An issue of small white particles that are appearing in the hot water has been addressed by the landlord, but no explanation has been concluded following more than one visit by a plumber. Michael Fitzpatrick recommended the following: a)find out if it is both the hot & cold water, b)is it from the water heater, c)what is the status of the water heater, d)get a recommendation on how to rectify the problem. The Board passed a resolution stating the landlord retain a plumber within 7 days to clear up the water issue and has a 30 day period to install new railings in the basement and in front of the house.

**IV. TOBACCO VIOLATION: CVS 319 Broadway**

Three representatives from CVS introduced themselves and their CVS location: Seth Joseph, District Manager, representing both Arlington stores, Mike Donovan, Store Manager, 319 Broadway and Mark Quimby, Store Manager, 23 Massachusetts Avenue. Denise Boucher reported that a 17-year old teen, conducting a compliance check for the Board of Health, was sold cigarettes at the store without an ID. Recommended and passed: a 7-day suspension of their license to sell cigarettes and the removal of all cigarettes from the shelves.

**V. TOBACCO VIOLATION: CVS 23 Massachusetts Avenue**

Denise Boucher reported that a 17-year old teen, conducting a compliance check for the Board of Health, was sold cigarettes at the store without an ID. Recommended and passed: a 7-day suspension of their license to sell cigarettes and the removal of all cigarettes from the shelves.

**VI. TOBACCO VIOLATION: A&A DELI 1042 Massachusetts Avenue**

The owner, Nicolas Aggouras, was present for the hearing. Denise Boucher reported that a 17-year old teen, conducting a compliance check for the Board of Health, was sold cigarettes at the store without an ID. Recommended and passed: a 7-day suspension and the removal of all cigarettes from the shelves.